

Pr Brett Townend: Sabbath - Duty or Delight? (20/10/18)

Review from Friday Night:

Psalm 92 - The Sabbath Psalm

- 1 It is good to praise the Lord and make music to your name, O Most High,
- 2 proclaiming your love in the morning and your faithfulness at night,
- 3 to the music of the ten-stringed lyre and the melody of the harp.
- 4 For you make me glad by your deeds, Lord; I sing for joy at what your hands have done.
- 5 How great are your works, Lord, how profound your thoughts!
- 6 Senseless people do not know, fools do not understand,
- 7 that though the wicked spring up like grass and all evildoers flourish, they will be destroyed forever.
- 8 But you, Lord, are forever exalted.**
- 9 For surely your enemies, Lord, surely your enemies will perish; all evildoers will be scattered.
- 10 You have exalted my horn like that of a wild ox; fine oils have been poured on me.
- 11 My eyes have seen the defeat of my adversaries; my ears have heard the rout of my wicked foes.
- 12 The righteous will flourish like a palm tree, they will grow like a cedar of Lebanon;
- 13 planted in the house of the Lord, they will flourish in the courts of our God.
- 14 They will still bear fruit in old age, they will stay fresh and green,
- 15 proclaiming, "The Lord is upright; he is my Rock, and there is no wickedness in him."

The Sabbath Key = "You Lord are forever exalted."

Jewish Sabbath Tradition:

Mark 2:23,24 - "Why are you breaking the Sabbath?"

Mark 2:27,28 - "The Sabbath was made for man" (as a gift)... & "Jesus is Lord also of the Sabbath!"

The two candles of the Sabbath

1. Creation (Exodus 20:8-11) "REMEMBER"
2. Redemption (Deuteronomy 5:12-19) "OBSERVE"

How much did we have to do with creation? Nothing!

How much did we have to do with redemption? Nothing!

Adventist Sabbath Rules:

- Swimming???
- Swings???
- Games - Hide and seek???
- Preparation day???

Puritan Sabbath Rules:

- Required attendance at church and Bible reading
- You can't hurry to get to church
- You can't get there on too flashy a horse
- No smoking or drinking
- No sports
- No sex or physical affection

Blue Laws - Connecticut:

- No one shall run on the Sabbath day, or walk in his garden or elsewhere, except reverently to and from meeting.
- No one shall travel, cook victuals, make beds, sweep house, cut hair, or shave, on the Sabbath day.
- No woman shall kiss her child on the Sabbath or fasting day.
- The Sabbath shall begin at sunset on Saturday.

Jewish Sabbath Rules:

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| 1. Carrying | 15. Planting | 28. Warping |
| 2. Burning | 16. Reaping | 29. Weaving |
| 3. Extinguishing | 17. Harvesting | 30. Unravelling |
| 4. Finishing | 18. Threshing | 31. Building |
| 5. Writing | 19. Winnowing | 32. Demolishing |
| 6. Erasing | 20. Selecting | 33. Trapping |
| 7. Cooking | 21. Sifting | 34. Shearing |
| 8. Washing | 22. Grinding | 35. Slaughtering |
| 9. Sewing | 23. Kneading | 36. Skinning |
| 10. Tearing | 24. Combing | 37. Tanning |
| 11. Knotting | 25. Spinning | 38. Smoothing |
| 12. Untying | 26. Dying | 39. Marking |
| 13. Shaping | 27. Chain-stitching | |
| 14. Plowing | | |

Conclusion:

"The Jewish leaders accomplished the work of Satan by surrounding God's rest-day with burdensome requirements." Ellen White, *The Desire of Ages*, pg 154.

Isaiah 58:13,14 - The rules are there to make the Sabbath the best day of the week, not the worst.

If you're not delighting in it... You're not keeping it!!

If you're not delighting in Jesus... You're not keeping it!!

To all who receive the Sabbath as a sign of Christ's **creative** and **redeeming** power, it will be a **delight**. Seeing Christ in it, they **delight** themselves in Him. Ellen White, *The Desire of Ages*, pg 157